My Breakfast – how do I start my day?

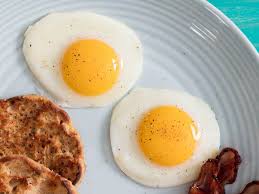
Cereal gives me energy for my day.



Which cereal do l like? Do I eat butter on my toast?



Fruit keeps me healthy and well. I can eat it or drink fruit juice.



Eggs help me to grow - fried or scrambled?



How about a nice cup of tea or hot chocolate?